

Table of Contents

Dedication

Peer Review

Chapters

1. Perception is not always Reality	1
2. History . . . We All Have a Story	5
3. Growing More Diverse . . . Trends Over Time	19
4. It's Time to Have the Conversation	31
5. Access to Care . . . What Gets in the Way?	43
6. Finding Common Ground	63
7. Ancient Wisdom . . . Modern Medicine.	79
8. Elsa's Story . . . Can you see me? Emergency Preparedness - The Deaf Community	97
9. Jeremiah's Story . . . Shut up & Listen Urgent Care - Homeless Youth	113
10. Ev's story . . I am not going back! Cancer - The Lesbian Community	127
11. Suki's Story When Home Remedies May Not Be Enough Home Safety - Amish	143
12. Harjit's Story . . . Please Let Me Go . . . A Good Death End of Life - Hindu	157
13. Shin's Story . . . Can't you control your child! Autism & the Korean Family	171
14. Liliya's Story . . . It's not my job . . . It's yours! Diabetes & the Russian Immigrant	185
15. Fusaye's Story . . . Meeting Expectations? Suicide & the Japanese Family.	199
16. Theodora & Melina's Story . . . Exhaustion! Care Givers & the Greek Family.	217
17. Conchita's Story - Too much weight? Obesity & Cuban Family	233
18. Carlito's Story . . . I can't breath! Asthma - Prison - Puerto Rican	247
19. Mauve's Story . . . Creating the Illusion - Alcoholism & the Irish Family	263
20. Sammy's Story . . . Belonging Gangs - Youth	279
21. Diversity & Inclusion . . . The Best of All Worlds	293
22. Closing Thoughts.	307
Appendix.	311
Glossary	323
Index	327
Footnotes	332
About the Author	342